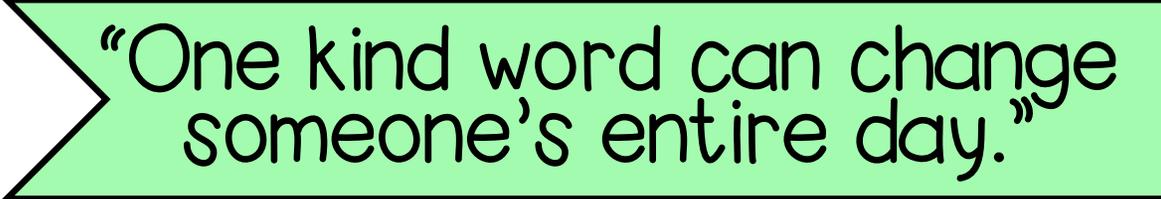


KINDNESS CALENDAR



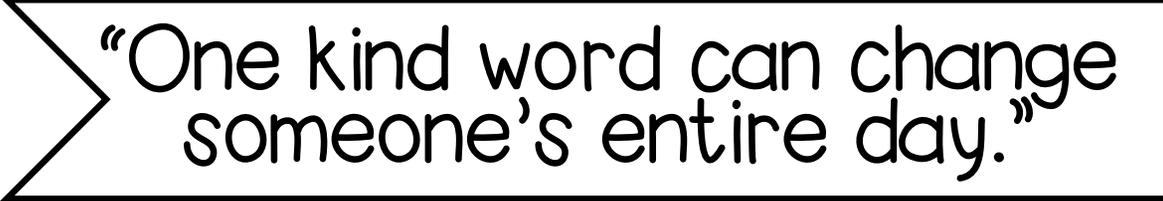
March
2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Enjoy family time	2 Recommend a book to someone	3 Hold the door open for someone	4 Eat lunch with someone new	5 Thank someone for being them	6 Write a family member a nice note	7 Make your bed and help serve breakfast
8 Clean up a mess you didn't make	9 Make someone laugh	10 Let someone go in front of you while you're in line	11 Draw someone a picture	12 Write a thank you note to a teacher	13 Invite someone to play a game with you at recess	14 Donate toys to kids in need
15 Give yourself a compliment	16 Tell someone they are awesome	17 Think about what makes you lucky 	18 Offer to help your teacher	19 Give out 5 compliments	20 Tell a family member three things you love about them	21 Help with the chores at home
22 Donate books to kids in need	23 Smile at as many people as you can	24 Write a gratitude list	25 Tell a teacher three things you like about them	26 Give three people a high five	27 Do something helpful	28 Call a relative you haven't spoken to in a while
29 Pick up trash around your neighborhood	30 Do a favor without expecting anything in return	31 Smile when you see someone				

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